



# Jacksonville Children's and Multispecialty Clinic, P.A.

## Wellness Clinic

*Jacksonville Children's Clinic, Family Care Clinic, Swansboro Children's and Family Care, Jacksonville Children's and Family Care Clinic, Jacksonville Allergy, Asthma and Sinus, Jacksonville Urgent Care, Jacksonville Gastroenterology, Jacksonville Behavioral and Mental Health, Sneads Ferry Pediatric and Family Care, and Richlands Children's and Family Care*  
 118 Memorial Drive - Jacksonville, NC 28546 - (910) 353 0700 - fax (910) 353-1536

### Screening Questionnaire for medication consideration:

Are you > 18 years old	YES	NO	
Pregnant	NO	YES	LMP:
BMI >25	YES	NO	
Waist Circumference > 35 (women), > 40 (Men)	YES	NO	
Blood Pressure More than 150/90	YES	NO	
Substance Abuse or addiction in last 12 Months	NO	YES	
History of Bipolar Disorder	NO	YES	
History of Coronary Artery or Heart disease	NO	YES	
History of Cardiac Arrhythmia	NO	YES	
History of Stroke/TIA (Mini Stroke)	NO	YES	
Taking Opiate Medication	NO	YES	
On Medications for ADHD, Hyperthyroidism, Depression	NO	YES	
History of Glaucoma	NO	YES	
Family History of Heart Attack or Sudden death at < 50 years	NO	YES	Will need EKG
Normal report from Cardiology for Cardiac Stress Test if > 60 years	YES	NO	Needs PCP referral

### Depression Screen:

Over the past 2 weeks, how often have you been bothered by any of the following	Not at All	Several Days	More than Half the days	Nearly Everyday
Little Interest or Pleasure in doing things	0	1	2	3
Feeling Down, Depressed or hopeless	0	1	2	3

**Total Score of 3 or more requires Evaluation**



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### Preventive Care Screen:

<b>Last Breast Exam / Mammography</b>	N/A	Approx. Date:
<b>Last Pelvic Exam / PAP</b>	N/A	Approx. Date:
<b>Last Testicular Exam</b>	N/A	Approx. Date:
<b>Last Exam for Blood in Stool or Colonoscopy</b>	N/A	Approx. Date:
<b>Immunizations</b>	Influenza (Annual)	Approx. Date:
	Pneumonia	Approx. Date:
	Shingles	Approx. Date:
	Tetanus	Approx. Date:

### Physical Activity History:

Success or Failures of Previous Activity/ Exercise Regimens	
Reasons for not engaging in routine Activity/ Exercise Regimens	
Current Fitness Level	
Physical Activity/ Exercise Preferences	
Medical Conditions that would hinder Activity/ Exercise Regimens. e.g. Heart Disease, Lung disease etc.	



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